

Learning Academies Trust PE Matrix

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	First PE	Multi skills	Dance	Gym	Athletics	Tennis
Year 1	Multi skills	Ball Skills (Rugby)	Multi skills	Multi skills (Catching)	Athletics (Track Events Sprinting)	Multi skills (Respond to Need)
	Gym	Indoor athletics	Gym	Dance	Sports day	Multi skills (Respond to Need)
Year 2	Multi skills	Ball skills (Rugby)	Multi skills	Multi skills (Catching)	Athletics (Field Events Throwing)	Multi skills (Respond to need)
	Gym	Indoor athletics	Gym	Dance	Sports day	Multi skills (Respond to need)
Year 3	Multi skills	Indoor athletics	Games (Invasion games)	Games (Invasion games)	Athletics (Field events throwing)	Games (Striking and fielding)
	Dance	Games Rugby	Gym	Games (Invasion games)	Sports day practice	Outdoor Ed/games
Year 4	Multi skills	Indoor athletics	Games (Invasion games)	Games (Invasion games)	Athletics (field events throwing)	Games (Striking and fielding)
	Gym	Swimming	Dance	Games (Invasion games)	Sports day practice	Outdoor Ed/games
Year 5	Multi skills	Indoor athletics	Games (Invasion games)	Games (Invasion games)	Athletics (field events throwing)	Games (Striking and fielding)
	gym	Games Rugby	Dance	Games (Invasion games)	Sports day practice /Outdoor Ed	outdoor Ed/Games
Year 6	Multi skills	Indoor athletics	Games (Invasion games)	Games (Invasion games)	Athletics (field events throwing)	Games (Striking and fielding)
	Dance	Games Rugby	gym	Games (Invasion games)	sports day practice/ Outdoor Ed	Outdoor Ed/Games